
Community Resource Guide

*"God's people serving
God's people"*

Are you in need of Resources?

Start with CARE...



This guide is also located on the
Providence Hospital website,
www.providencehospital.org.

Para servicios en español, contacte Guadalupe Center:
Interpretaciones médicas e información acerca de recursos
en la comunidad.

(251) 544-4482

Community Resource Guide

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NOTE: Resource manuals are sometimes outdated as soon as they are printed.

This information is current as of June, 2015. This brochure is intended to be a compilation of community resources not an endorsement of any specific organization. Organizations’ ability to help may depend on availability of funds.

ADULT DAY CARE

- Area Agency on Aging – For current information on available programs for the elderly including day care – (251) 433-6541
- EA Roberts Alzheimer's Center – (251) 435-6950
- Grand friends – Senior Center, Dauphin St. – Christina Bailey (251) 470-5222
- UJ Robinson Memorial Center – (251) 479-8593
- VIA – (251) 470-5222

ADVOCACY

- Alabama Dept. of Mental Health and Mental Retardation, Office of Advocacy Services – (800) 367-0955; (334) 242-3454
- Alabama Disabilities Advocacy Program – (800) 826-1675 or (251) 338-0950
- Area Agency on Aging – Information and Referral, Ombudsman, insurance counseling, nutrition program, power of attorney and living wills, Medicaid Waiver – (251) 433-6541
- 15 Place – Assists the homeless with housing, day shelter and mental health issues – (251) 694-5061
- Independent Living Center – Serving the disabled, peer support (251) 460-0301
- Long Term Care Ombudsman – (334) 243-5463 or (251) 433-6541

AIDS

- AIDS Control – Mobile Co. Health Dept. – (251) 690-8167
- HIV/Aids Hotline – (800) 228-0469
- South Alabama CARES – (251) 471-5277

ALCOHOL/TOBACCO/SUBSTANCE ABUSE

- Alabama Tobacco Quit line – (800) 784-8669
- Alcoholics Anonymous Referral Service and Treatment Program 24 hour helpline – (251) 479-9994
- Alta Pointe – (251) 450-2211
Bay Pointe School (inpatient) – (251) 450-2211 or (888) 335-3044
- Gateway/Oasis - Methadone treatment and Women's Program – (251) 666-2569
- Bradford Health Services – (251) 633-0900 (outpt.); (888) 577-0012 (inpt.)
- Bridge Inc. – Substance abuse treatment and behavioral rehab program for males, ages 12-18 – (256) 546-6324
- Catholic Social Services Adolescent Substance Abuse Program – (251) 434-1550
- ECD Program (methadone treatment) – (251) 341-9504
- Emma Harvest Home for Women – (251) 478-8768
- Family Counseling Center – (251) 602-0909

- Franklin Clinic – (251) 434-8195
- Home of Grace for Women – (251) 456-7807
- Insight Treatment Program – (251) 473-6093 – Alabama Court education program for substance abuse – youth and juvenile program.
- Mission of Hope (for men) – (251) 649-0830
- Mobile Metro Treatment Center – (251) 476-5733
- Narcotics Anonymous – (251) 639-4156
- Relapse Prevention Program – (251) 473-1850
- Salvation Army – (251) 438-1625
- Serenity Care (for men) – (251) 635-1942
- The Shoulder – (251) 626-2199 or (251) 943-7950
- United Way - 1-888-421-1266
- VA Outpatient Clinic – (251) 219-3900, (251) 574-8578
- Waterfront Rescue Mission – (251) 433-1847
- WINNERS (Women in Need of Nurturing, Education and Recovery Services) – (251) 458-3604

ALZHEIMER'S

- Alasafe.gov – Secure government website provided free for caregivers to register loved ones with dementia
- Alzheimer's Association – (800) 272-3900
- Alzheimer's Dementia and Help Line – (251) 706-4680 or www.agingsouthalabama.org
- www.alz.org – assists with selection of appropriate facility or caregiver
- Area Agency on Aging – respite services, caregiver counseling. Care team training to form volunteer teams to assist elderly and persons with dementia – (251) 433-6541
- Dementia Education and Training Program – (800) 457-5679
- E. A. Roberts Alzheimer Center – (251) 435-6950
- Project Lifesaver – Provides wrist band transmitter – www.projectlifesaver.org
- The Long Goodbye – Support Group – (251) 471-1511

ASIAN SERVICES/ADVOCACY

- Boat People SOS – (251) 517-3011

ASSISTED LIVING

- Assisted Living Federation of America – www.alfa.org
- Long-Term Care Ombudsman – www.ltombudsman.org
- U.S. Department of Health and Human Services – healthfinder.gov
- United Way 211

CANCER

- American Cancer Society – www.cancer.org, 1-800-ACS-2345 or 1-800-227-2345
- Cancer Care Co-Payment Assistance Foundation – (866) 552-6729 (provides financial assistance to individuals with colon, colorectal, gastric, glioblastoma, and pancreatic cancer to cover the costs of co-pays for cancer medications)
- Cancer Hotline - (one on one support re: dx.) – (800) 433-0464
- Cleaning for a Reason – provides free housecleaning once a month for 4 months for patients currently receiving chemotherapy - (877) 337-3348 or www.cleaningforareason.org
- ConvaTec Customer Interaction Service – (800) 422-8811 or www.convatec.com (provides education, information and support re: ostomy care and supplies)
- Leukemia and Lymphoma Society – possible expense reimbursement – Joyce Early, Patient Rep – (615) 331-2980
- Ronald McDonald House – 1626 Springhill Ave – (251) 694-6873

CEREBRAL PALSY

- United Cerebral Palsy of Mobile – (251) 479-4900 (may help any disabled person)

CHILDREN

- Boys/Girls Clubs – (251) 432-1235 – after school and summer programs
- Big Brothers/Sisters of South Alabama – (251) 344-0536
- Child Health Services Providers (Healthy Beginnings) – (800) 654-1385
- Child Welfare/Abuse
 - Child Advocacy Center – (251) 432-1101
 - DHR – (251) 450-7000
- First Hand Foundation – assists with the medical needs of chronically ill, low-income children around the world. (816) 201-1569.
- The Family Center – (251) 479-5700 – Non-profit organization dedicated to the prevention of child abuse/neglect. Provides parenting classes, a fatherhood program, supervised visitation, and monitor exchange.

CLOTHING

- Catholic Service Center – (251) 434-1500
- First Baptist Church of Grand Bay – (251) 865-4734
- Red Cross – (251) 544-6100 – Provides clothing on an emergency basis after a fire or other disaster.

CONSUMER AFFAIRS

- Alabama Dept. of Insurance – (334) 269-3550
- Attorney General, Consumer Assistance and Litigation – (800) 392-5658
- Better Business Bureau – (251) 433-5494
- Consumer Credit Counseling of Mobile – (251) 602-0011
- South Alabama Area Regional Planning Commission/Area Agency on Aging – (251) 433-6541

CRISIS INTERVENTION

- Alta Point – (251) 450-2211
- United Way – (251) 433-3624
- Rape Crisis – (251) 473-7273

CROHN'S

- USA Children's Specialty Clinic -Dr. Karen Crissinger – pediatric gastroenterologist - (251) 405-5147 (Accepts Medicaid)

DENTAL

- Alabama Donated Dental Services – (800) 414-9449
- Dentistry With a Heart – (251) 634-2345 - Northcutt Dental Practice provides free extractions on a first come, first serve basis one day each year.
- Care Credit – <http://www.carecredit.com/apply/> - Credit for dental or vision up to 60 months
- Franklin Primary Health Center – (251) 432-4117 - Adults and children. (approx. \$40 for evaluation based on proof of income)
- Mobile Co. Health Dept. – (251) 690-8139 – Ages 3 to 20
- Mostellar Medical Clinic – (251) 824-2174
- University of Alabama at Birmingham, School of Dentistry – (205) 934-3000 – www.dental.uab.edu
- Victory Clinic – (251) 460-0999 – Basic dental services including x-rays, cleanings, routine exams and basic fillings and extractions for the working low-income and uninsured.

**Note: Alabama Medicaid covers only children under 19*

DIABETES

- American Diabetes Association – (800) 342-2383
- Diabetes Center at Providence Hospital – (251) 633-1987
- Diabetic Eye Care Program – (800) 222-3937 or www.eyecare.america.org
- Lilly Cares Free Insulin– (800) 545-6962 (4-month supply of free insulin for those who have no insurance and are under 65)

DISABILITY

- ADA Home Page – www.ada.gov – provided information and resources on the Americans with Disabilities Act
- ADA (Americans with Disabilities Act) Information Line – (800) 514-0301 (voice), (800) 514-0383 (TTY)
- Alabama Department of Rehab Services – (251) 479-8611
- Alabama Disabilities Advocacy Program – (800) 826-1675
- Alabama Governor’s Office on Disability – (888) 879-3592
- Alabama Lifespan Respite Resource Network – (866) RESTALA – Temporary relief for caregivers who are caring for individuals of any age with disabilities, chronic or terminal illnesses.
www.alabamarespite.org – (256) 859-4300
- Amputee Coalition of America – (888) 267-5669
- Cerebral Palsy – (251) 479-4900
- Goodwill/Easter Seals – (251) 471-1581
- Independent Living Center – (251) 460-0301, skill training
- Living Well Alabama – (251) 433-6541 or 1-800-243-5463 – Chronic disease self-management program to delay disability, improve function and help people manage their health.
- Social Security Administration – (800) 772-1213
- Mobile Social Security Office – (866) 593-1922

DOMESTIC VIOLENCE

- Penelope House
 - 24 hr. Crisis Line – (251) 342-8994
 - Shelter – (251) 342-3144
 - Toll-free – (800) 650-6522
 - Mobile Office – (251) 342-2809
- 911

ELDER ABUSE

- DHR – (251) 450-7000
- Elder Abuse Hotline – (800) 458-7214 or (251) 450-7000

EMERGENCY RESPONSE SYSTEMS

- Acadian on Call – 1-877-477-6507
- Care Link (Providence Hospital) – 1-800-525-6237

FINANCIAL ASSISTANCE

- Area Agency on Aging – (800) 243-5463 or (251) 433-6541
- Alabama Dept. of Human Resources – (251) 450-7000
- Catholic Social Services – (251) 434-1500
- Community Action – (251) 457-5700

- Consumer Credit Counseling – (251) 602-0011
- First Baptist Church of Tillman’s Corner – (251) 661-0114 – food, clothes and utility assistance for residents of zip codes 36619 and 36582
- Foreclosure Hotline – Alabama State Bar – (877) 393-2333
- Hardest Hit Alabama – (251) 497-8182, www.hardesthitAlabama.com – Foreclosure Prevention Assistance
- Life Gate Ministries – (251) 342-0462 – Assistance for the elderly and disabled with food, utilities and gasoline vouchers
- Salvation Army – (251) 438-1625
- St Stephens Society – (251) 471-1511 – Assistance with utilities in disconnection status
- St. Vincent De Paul Society – (251) 432-5173
- United Way – 211 or (888) 421-1266

FOOD

- 15 Place – Meals for the homeless – (251) 432-7227
- Alabama Elderly Simplified Application project – for those 60 and older with no earned income. Qualifies for food assistance for 3 years. No office appointment needed, can qualify over the phone (1-800-438-2958) or online at MyAlabama.gov.
- Area Agency on Aging – (251) 433-6541 – Must be 60 or older
 - Meals on Wheels- home delivered
 - SAIL – Senior Activities for Independent Living – congregate and home delivered
 - SNAP – Senior’s Nutritional Assistance Program – Food Stamps for individuals 60 or older who meet income guidelines.
 - Senior Farmer’s Market Nutritional Program – Coupon book provided once a year – Must be 60 or older and meet income guidelines – www.fma.alabama.gov/seniornutrition
- Bay Area Food Bank – to be directed to food banks in a specific area call (251) 653-1617
- Bethlehem Baptist Church – (251) 865-0255 – Grand Bay, AL
- Catholic Social Services – (251) 434-1500
- Central Presbyterian Church – (251) 432-0591 – Food pantry
- Christ United Methodist Church – (251) 342-0462 – Will assist those who are disabled or 62+ years old
- City Church of Mobile – (251) 342-4886
- Cottage Hill Presbyterian Church – (251) 661-9506
- Dauphin Way United Methodist – (251) 479-4827 (Appointment Only) Some assistance may be provided for food, clothing and utilities
- Dumas Wesley – Congregate and home delivered – Creighton (36607) and Toulminville (36617) areas only - (251) 479-0649
- First Baptist Church of Grand Bay – (251) 865-4734

- First Baptist Church of Tillman's Corner – (251) 661-1299 – Food, clothing, and utility assistance limited to residents of 36619 and 36582.
- Food Stamps – 1-800-997-8888- South Mobile Co. residents go to the Prichard Office
- Fulton Road Baptist Church – (251) 471-2525 – Limited to zip code 36605
- Government St Presbyterian Church – (251) 432-1749 – Provides breakfast Monday – Friday from 7:30-8:30 a.m.
- Hemley Rd Food Pantry – (251) 609-0448 – Bayou La Batre
- Larry's Shop & Drop, Grocery & Errand Deliveries – (251) 454-6171 Minimum of \$25, price is negotiable
- Mobile Community Action – Food Pantry (251) 457-5700
- Newness of Life Outreach Center – (251) 660-2900 – Food and clothing assistance
- Orchard Baptist Church – (251) 344-5471 – Food assistance limited to those living in zip codes 36618/36608.
- Ransom Café – 7845 Airport Blvd., (251) 751-0044 - Meals provided for donation or an hour of volunteered time.
- Red Cross – (251) 544-6100 – Emergency (Fire or disasters)
- Regency Church of Christ – (251) 345-8050 – Food for any needy person
- Sage Ave. Baptist Church – (251) 479-4593 – Food assistance for any needy person
- Salvation Army – (251) 479-2389
 - Saraland Salvation Army – (251) 679-1952, Monday-Thursday, 9-12.
- St. Vincent de Paul Society – (251) 432-5173
- Supplemental Nutrition Assistance Program – Provides a preloaded EBT debit card to pay for food tax-free for older adults, age 60+ who meet income guidelines – 1-899-AGE-LINE or www.MyAlabama.gov.
- Tri-Coastal Community – (251) 865-9731
- United Way of SW AL – 211 or (888) 421-1266
- Waterfront Rescue Mission – (251) 433-1847
- WIC – 1-888-942-4673
- Wings of Life – (251) 432-5245

GED PREPARATION

- Clinton L. Johnson Center – Bishop State GED classes – (251) 470-1728
- DESI Career Training Center – (251) 471-4443
- Goodwill/Easter Seals – Elizabeth Dominique – (251) 375-9114 ext. 205 – Also offer adult literacy classes
- Mobile Community Action – (251) 457-5700

HEART

- American Heart Association – (800) 242-8721
- Caring Hearts – (251) 631-3553 – Providence Hospital

HEALTH CLINICS

- Alabama Free Clinic – (251) 937-8096 – for adult residents of Baldwin County, primarily for hypertension, diabetes, COPD.
- Bayou Clinic – (251) 824-4985
- Franklin Primary Health Centers – Multiple locations and services including family practice, internal medicine, pediatrics, OB-GYN, family planning, dental, optometry, pharmacy, nutrition, lab, x-ray, Social Services, transportation, medication assistance, HIV early intervention, substance abuse counseling, rehabilitation.
Contact (251) 432-4117 for an appointment and/or specific services provided at each facility.
- Mobile Co. Health Dept. – Includes family practice, women’s services, dental services, immunizations and other services at 7 medical clinics throughout Mobile County – (251) 690-8158
- Mostellar Clinic – (251) 824-2174
- Stanton Road Clinic – (251) 471-7207
- VA Outpatient Clinic (Mobile) – (251) 219-3900
- Victory Health Partners – (251) 460-0999 – For the working low-income and uninsured.
Fees typically income based. See also Urgent Care Clinics for fee for service providers.

HEARING IMPAIRED

- 711 – phone translation services
- Alabama Relay – Free captioned telephone service – alabamarelay.com
- AL Institute for the Deaf and Blind – (251) 432-7777
- Better Hearing Institute – (800) 327-9355; www.betterhearing.org
- Hearing Aid Helpline – (800) 521-5247
- Starkey Hearing Foundation- Hear Now Program – (800) 328-8602
- Veteran’s Hearing Aides – now part of the Starkey Hearing Foundation (800) 328-8602

HISPANIC SERVICES

- Alabama Dept. of Mental Health Advocacy – (800) 367-0955
- Catholic Service Center – 550 Dauphin St. – (251) 434-1500
- Catholic Social Services – Refugee Resettlement – 406 Gov’t Blvd. (251) 434-1550
- East Coast Migrant Head Start – 3810 East Wulff Rd., Semmes – (251) 645-5246
- Guadalupe Center – translations, and social work services – (251) 544-4482

- Mobile Co. Health Dept. (medical, dental, WIC, Birth/Death/Marriage Certificates, Food and Lodging, Pharmacy)
 - Main office – 251 Bayou St. – (251) 690-8158
 - Semmes Clinic – 3810 East Wulff Rd. Semmes – (251) 445-0582, Adult and Pediatric medical and dental
 - Women’s Center (OB-GYN) – (251) 690-8930, Maternity and Family Planning
- Mobile County Public School Migrant Program – (251) 221-5190. English as a second language programs.
- Mobile Works (AL Career Center, employment for documented workers) – (251) 432-0909

HOME ASSISTANCE

- Elderly and Disabled Waiver – May provide services including personal care, homemaker services, respite care, adult day care, companion services or home delivered frozen meals if client meets medical and financial criteria. Administered by the South Ala Regional Planning Commission. – (251) 433-6541 or 1-800-243-5463.
- healthfinder.gov – for quality comparison of local home health agencies
- Senior Companion Program –Volunteers working with the elderly 20 hrs./wk. – (251) 574-3232
- A Aid and Attendance Benefit – may provide income to help the family pay for help in the home or assisted living for eligible veterans and/or their widows. – (251) 574-8578

HOME REPAIR/MAINTENANCE

- Easter Seals – (251) 471-1581- Based on applicant’s income and funds available, may help with cost of materials for wheelchair ramps.
- Independent Living Center – Modification accessibility - (251) 460-0301
- Mobile Community Action –Weatherization - (251) 457-5700
- Mobile Housing Board – (251) 434-2200
- Tri-Coastal Community – Programs teaching residents how to repair their homes – (251) 865-9731
- USDA Bay Minette Service Center – (251) 937-3297 ext. 4 – Low income housing repair program for rural communities only

HOUSING

- AHEPA Senior Apts – (251) 661-3732
- Baptist Oaks Apts – (251) 432-2312, HUD subsidized retirement living
- Bayou Village Apts. (HUD subsidized) – (251) 824-4814, Bayou La Batre, Al
- Bay Minette Housing Authority – (251) 943-5370P

- Cathedral Place Apts – (251) 434-1590, HUD subsidized retirement living
 - Center for Fair Housing – (251) 479-1532
 - Central Plaza Apts – (251) 434-2290, HUD-Senior Housing
 - Chickasaw Housing Authority – (251) 457-6841
 - Christopherson Estates – (251) 666-4726- Disabled housing
 - Citronelle Housing Authority – (251) 866-9696
 - Cottages at Chickasaw – (251) 457-6697
 - Creel Place – (251) 338-1283- VOA Senior Housing, Bayou La Batre
 - Emerson Gardens Apts – (251) 434-2290 – HUD, Senior Housing
 - Family Promise of Coastal Alabama – transitional housing needs – for families with dependent children – Teresa Ramsey, Executive Director – (251) 441-1991
 - Girby Road Apts – (251) 666-6665 – Disabled Housing
 - Grand Bay Boarding House – (251) 709-9176
 - Habitat for Humanity – Selection based on need, willingness to partner and the ability to repay a no-interest mortgage – (251) 476-7171
 - Halls Mill-VOA Living Center – (251) 602-8360
 - Housing First, DBA Homeless Coalition of the Gulf Coast- (251) 450-3345
 - McKemie Place – for homeless women – United Methodist Center Inner City Mission – (251) 432-1122
 - Mobile Community Action – Provides temporary housing for families for up to 3 days, particularly for fire victims – (251) 457-5700
 - Mobile Housing Board – (251) 434-2200
 - Pearson Park Apts – (251) 653-6552, HUD Subsidized, Theodore, AL
 - Prichard Housing Board – Subsidized Housing Info & Assistance (251) 456-3324
 - Red Cross – (251) 544-6100 - for emergencies such as fire or disaster
 - Saraland Boarding House – 24 Beckham Ave, Saraland – \$120/wk. per person – (251) 675-2206
 - South Haven Apts –(251) 471-1061 – HUD subsidized housing
 - Sybil Smith Village –For homeless women and children – (251) 473-5526
 - The Downtown Renaissance Apts – (251) 634-9058 – HUD, Senior Housing
 - Veterans – Help for Homeless Veterans hotline – 1-877-424-3838, (251) 219-3900 (local) or 1-888-201-0110 (toll free)
 - VOA (Volunteers of America – (251) 300-3500
 - Pine Trace – For those with disabilities
 - Magnolia – HIV/AIDS clients
 - Onderdonk – for deaf and hearing impaired – (251) 342-7569
 - Senior housing for 62 or older – (251) 243-2986 or (251) 421-3740
 - Mentally ill – Referrals through Alta Pointe
- * See also Shelters

INFORMATION and REFERRAL

- AAA (Area Agency on Aging) – (251) 433-6541, (800) 243-5463
- Alabama Dept. of Public Health – www.adph.org or 800-ALA-1818 (800-252-1818)
- Alabama State website – www.alabama.gov – lists state resources including education, social services and job links.
- BENEFITSCHECKUP – www.benefitscheckup.org – web site for accessing multiple resources including applications
- healthcare.gov – allows individuals to compare health insurance plans and costs specific to their health needs
- OASIS – Older Alabamians System of Info and Services – (800) 441-7607
- United Way – (888) 421-1266
- VIA – health, fitness, enrichment center – (251) 470-5223, Justin Skinner

INSURANCE

- Alabama Dept. of Insurance – 800-433-3966 or www.aldoi.gov
- America's Health Insurance Plans (AHIP) – (202) 778-3200 or www.ahip.org
- All-Kids– Insurance for children of low-income families – (888) 373-5437 or www.adph.org/allkids/
- CARE – Providence Hospital's insurance navigation program – Provides information and assistance regarding health insurance options and community resources - (251) 633-1540, (877) 733-3260, carenavigator@providencehospital.org
- Enroll Alabama – Provides assistance with the insurance options under the Affordable Care Act – (844) 248-7698, www.enrollala.com
- Health Insurance Marketplace – www.HealthCare.gov – information and application for insurance through the Health Insurance Marketplace

JOB TRAINING/EMPLOYMENT

- 15 Place – assist the homeless with job training – (251) 694-5061 or www.15place.org
- AIDT – Alabama Industrial Development Training – Provides specific job training based on market needs – www.aidt.edu – (334) 242-4158
- AL Dept. of Rehab Services — Provides assessment, educational services, counseling, job training, assistive technology, mobility training and job placement for teens and adults with disabilities (251) 479-8611 or www.rehab.state.al.us
- Alabama Career Center – (866) 234-5382, (251) 461-4146 or www.joblink.alabama.gov

- Bishop State Community College's Ready To Work Training Program – provides adults who have a limited education and employment experience with free entry-level workplace skills – (251) 405-7000 or (251) 405-7085; (800) 523-7235
- Clinton Johnson Center for Economic Development – Assists with job applications - (251) 470-1728
- Easter Seals Job Placement and Training – (251) 471-1581
- Mature Staffing Service – (251) 652-0585 or www.sarpc.org
- Mobile Works – (251) 432-0909 or www.mobile-works.org
- Ready To Work –Assists with resume building, completing applications and interviewing skills - (251) 405-7085 or www.aidt.edu
- Touching Hearts Senior Care – (251) 445-4204 or www.touchingheartsseniorcare.com
- Volunteers of America– assists the disabled with job training– contact Deborah at (251) 421-0384

KIDNEY DISEASE

- National Kidney Foundation – (800) 622-9010 or www.kidney.org

LEGAL ASSISTANCE

- Davis and Neal, Attorney Alec Brown – (251) 434- 6848 – Free power of attorney, no divorce or bankruptcy, for 60+year olds. Mobile, Baldwin, Clarke, Escambia and Washington Counties.
- Lawyer Referral Service (\$30 for first 30 min) – 56 St Joseph Street, Suite 312 – (251) 438-1102 or www.vlpmobile.org
- Legal Services Alabama – (800) 403-4872, (251) 433-6560 or www.legalservicesalabama.org
- Probate Court – Involuntary Commitment – Lu McCall, Judge Davis, (251) 574-6023
- Victim Advocate/DA's Office – 574-8400
- South Alabama Volunteer Lawyers Program, free – (251) 438-1102

LITERACY

- Goodwill/Easter Seals – (251) 375-9114 – GED Prep, may cover test fee

LUNG DISEASE

- American Lung Association – 800-LUNGUSA, (800) 586-4872

LUPUS

- Lupus Foundation of American – (800) 558-0121 or www.lupus.org

MEDICAID

Helps pay medical bills for low-income individuals who meet eligibility requirements*

- To apply:
 - Franklin Primary – (251) 434-8100, www.franklinprimary.org
 - Mobile County Health Department – (251) 445-8632, www.mchd.org
 - Mostellar Clinic – (251) 824-2174, www.mostellarmedical.org
- District office – (800) 362-1504 - 3280 Dauphin St., Suite B, Mobile
- Nursing Home Medicaid – income limit \$2199/mo
- SSI application – (800) 772-1213 – Income limits; single - \$753; couple - \$1,120
- QMB – Income limits; single – \$1001/mo, couple – \$1348/mo.

* *Income limits as of June, 2015. Go to www.medicaid.state.al.us/apply for most current info and info on additional programs.*

MEDICAL EQUIPMENT/SUPPLIES

- Goodwill Easter Seals – Randy Henry (251) 471-1581
- Liberator Medical Supplies – Provides catheters at cost – 1-888-671-4711

MEDICARE

- 800-MEDICARE (633-4273) or www.medicare.gov
- Area Agency on Aging – (251) 433-6541 – Part D education/information
- Medicare Fraud Hotline – (800) 447-8477
- SHIP – Provides assistance re: Medicare benefits – (800) 243-5463

MEDICATIONS

- Alabama Aids Drug Reimbursement Program – covers some HIV/AIDS medications – 1 (800) 344-1153
- Area Agency on Aging: Alabama SenioRx Prescription Assistance Program – (251) 433-6541 – for people 55 or older and disabled.
- Coast2CoastRxCard – www.coast2coastrx.com/mobilea.
- Lilly TruAssist Program – www.lilytrueassist.com or 1-855-559-8783
- Medicare Extra Help Program – www.ssa.gov/prescriptionhelp - may assist with monthly premiums, annual deductibles and prescription co-payments
- Medicaid – recipients pay \$1-\$5 per script
- NeedyMeds – locates free medications and discounted medication cards for most medications – (800) 503-6897, www.needymeds.org
- Ozanam Charitable Pharmacy – www.ozanampharmacy.org or (251) 432-4111, 555 Dauphin St, Mobile, 36602
- Partnership for Prescription Assistance – assists the uninsured in locating medication assistance programs - www.pparx.org

- Patient Access Network Foundation n – assists underinsured patients with co-pays for their chronic disease or cancer medications – (866) 316-7263 or www.panfoundation.org
- Prescription Outreach Program – provides discounted prescription medications to qualified low-income individuals and families - (800) 769-3880, www.rxoutreach.com
- Senior Rx – Assist low-income individuals who are 55 and older or disabled with applying for medication assistance – (251) 433-6541
- Target \$4 – usually offers the same meds as Wal-Mart – www.target.com
- VA – (251) 219-3900, (800) 827-1000
- Wal Mart \$4 – Will fill certain generic prescriptions for \$4 for 30 day supply, \$10 for 90 day supply. Current list can be found at www.walmart.com

MENTAL HEALTH

- 800- SUICIDE (784-2433)
- 800-273-TALK (273-8255)
- Alabama Dept. of Mental Health/Mental Retardation- State Advocate – (251) 478-2761 – Zena May
- Alta Point
 - Crisis Line – (251) 450-2211
 - Access to Care – (251) 450-2211
- Bay Area Grief Coalition – Grief support services for children ages 4-19 and their families – (251) 432- 6200 or www.dauphinumc.org
- Catholic Social Services – (251) 434-1550
- Mostellar Clinic – Provides counseling services through Alta Pointe. (251) 450-2211
- National Alliance for Mental Illness (NAMI) – (800) 950-6264, or (251) 461-3450, www.namimobile.org
- SOMI Club Mental Health Drop-in Center – free ½ day program for anyone with mental illness – (251) 342-0261 or www.somiclub.org.
- VA – (251) 219-3900

MENTAL RETARDATION AND DEVELOPMENTALLY DISABLED

- Alabama Lifespan Respite Resources Network – 866-RESTALA – Temporary relief for caregivers who are caring for individuals of any age with disabilities, chronic or terminal illnesses.
- Mobile ARC (MARC) – (251) 479-7409

MISCELLANEOUS

- Caring Voice – (888) 267-1440 or www.caringvoice.org – provides financial and emotional support for those with chronic diseases
- Gulf Regional Childcare Management Agency – (251) 473-1060
Provide parenting education and early learning for families in south Mobile County with young children
- Medically Related Needs for residents in south Mobile County – Jackie Dortch – (251) 214-6268 or Kim Weems – (251) 406-1740
- Office for Victims of Crimes – 1 (800) 363-0441 or ITVERP@usdoj.gov.
- Tri-Coastal Community – (251) 865-9731 – Assists residents with variety of needs (food, bldg. supplies, clothing) based on supplies

MISSISSIPPI RESOURCES

- 211MS
- Bay Area Food Bank – 1 (888) 704-FOOD
- Catholic Charities – 1 (855) 847-0555 – For food and possible financial assistance.

NURSING HOMES

- Leading Age – (202) 783-2242
- Long-Term Care Ombudsman – www.ltombudsman.org , Martha Dodge, South AL Regional Planning Comm, LTC Ombudsman Program – (251) 433-6541
- Medicare’s Nursing Home Compare – www.medicare.gov
- National Consumer Voice for Quality Long-Term Care – www.theconsumervoice.org

OSTEOPOROSIS

- National Osteoporosis Foundation – (800) 231-4222 or www.nof.org

PARKINSON’S DISEASE

- American Parkinson’s Disease Assn. – (800) 223-2732 or www.apdaparkinson.org

PREGNANCY

- 2 B Choices for Women – (251) 343-4636
- Mobile County Department of Health, Appointment line – (251) 690-8889

REHABILITATION

- Alabama Department of Rehab Services – (251) 479-8611

SENIOR SERVICES

- Alabama Department of Senior Services –800-AGELINE (243-5463) or www.alabamaageline.gov
- Area Agency on Aging – (251) 433-6541 – For ages 60 and over provides information and Referral, nutrition program, health insurance assistance, ombudsman for assisted and long-term living, Medicaid Waiver, Senior Rx, volunteer programs, caregiver programs (includes those under 60 with dementia), legal counseling, transportation
- Mercy Life – (251) 287-4820 – Provides a full spectrum of health care services, from primary to acute to long-term care for elderly individuals who are certified to need nursing home care.
- Providence Senior Spirit – 633-1366 – Offers benefits, educational programs and discounts focusing on health related issues for persons age 55 or older.

SHELTERS

- 15 Place – For the homeless offers meals, day shelter, day care, showers, laundry services – (251) 694-5061
- Alabama Baptist Children’s Home and Family – (251) 639-1022
Family care for mothers and children
- Family Promise – Mobile Co – (251) 441-1991
- Family Promise – Baldwin Co – (251) 947-5641
- McKemie Place (for women) – United Methodist Inner City Mission – (251) 432-1122
- Mobile Rescue Mission – (251) 433-1847
- Salvation Army – (251) 438-1625 for men and (251) 478-1367 for women
- St Mary’s Home Transitional Living Program – (251) 344-7733
Provides education, job training, medical care, budgeting and daily living skills for 18-21 year old homeless people.
- St Mary’s Shelter – (251) 986-6352 or (251) 986-6200 – Accepts pregnant women 19 and older (may include one child under 3 yrs)
- Waterfront Rescue Mission – (251) 433-1847
- Wings of Life – (251) 432-5245

SICKLE CELL DISEASE

- Sickle Cell Disease Association – (251) 432-0301

SOCIAL SECURITY

- www.socialsecurity.gov
- Determination office – (800) 292-6743
- Interpreters to explain SS (no charge) – (800) 772-1213
- Local Office – (866) 593-1922

SPINAL CORD INJURY

- National Spinal Cord Association – (800) 962-9629

STROKE

- American Stroke Association – (888) 478-7653 or www.strokeassociation.org/STROKEORG
- National Stroke Association – 1- 800-STROKES (787-6537) or www.stroke.org

SUPPORT GROUPS

- Bay Area of Grief Coalition – (251) 471-1511 – Youth and children who have lost a family member. Meets the third Saturday at 10:00 AM in the Dauphin Way United Methodist Church McGowin Hall.
- Chapter Two – (251) 471-1511 – Widows 20-69 years old. Meets on the first Thursday at 7:00 PM in the Dauphin Way Methodist Church Family Life Room.
- Family 2 Family – (251) 471-1511 – Free 12 week educational course for family caregivers of individuals with severe mental illnesses. Check session schedule at www.NAMI.org.
- HOPE – (251) 471-1511 – Widows 70+ years. Meet second Monday at noon in the Dauphin Way Methodist Church McDavid Library.
- Prayer Shawl Ministry – (251) 471-1511 – A support ministry for creating shawls to give to a person in a crisis to bring them comfort and awareness of God’s presence. Those making the shawl meet each Wednesday at 10:00 AM in the Dauphin Way Methodist Church Family Life Room.
- The Compassionate Friends – (251) 471-1511 – For bereaved parents who have lost a child. Meets the second Tuesday at 7:00 PM in room SB101, Dauphin Way Methodist Church.
- Tool Time – (251) 471-1511 – Widowers meet first Wednesday at noon in the Bishop’s Meeting Room, Dauphin Way Methodist Church.

TAXES

- AARP Information Center – (251) 470-5235
- 15 Place – assists the homeless with tax preparation – (251) 694-5061
- Goodwill Easter Seal – (251) 471-1581
- Hands on South Alabama – (251) 433-4456
- Mobile Community Action – (251) 457-5700. Assists with income tax prep Jan.-April at certain centers.
- United Way of Central Alabama – 211 or 1-888-421-1266

TRANSLATORS

- Alabama Institute for the Deaf and Blind – hearing impaired interpreting – (251) 432-7777
- American Red Cross – all languages – (251) 544-6100
- Boat People SOS – Asian languages – (251) 517-3011
- Catholic Social Services– (251) 432-2727
- Guadalupe Center – Spanish – (251) 544-4480 or (251) 544-4481

TRANSPORTATION

- Angel Flight – coordinates air transportation for charitable and medical needs – (918) 749-8992 or www.angelflight.com
- Corporate Angel Network – (air travel) – arranges free air transportation for cancer patients traveling for treatment – (866) 328-1313 or www.corpangelnetwork.org
- Dumas Wesley – (251) 479-0649
- 15 Place – limited transportation available for homeless clients – (251) 694-5061
- Handicap Parking – mobilecountylc.com for application
- Handi-Van (Wave Transit) – (251) 344-5656 or www.thewavetransit.com, \$5 round trip for the disabled or elderly within the city limits
- Independent Living Center – (251) 460-0301, transportation services for the disabled
- Medicaid Transportation – (800) 362-1504 – reimburses Medicaid recipients for cost of transportation for medical appointments
- Medical Transport of Alabama – (888) 318-6362 or (888) 599-2050 Ambulatory, one-way \$17; Wheelchair, one way \$31.
- National Patient Travel Center (flights) – (800) 296-1217
- Passport Transportation at Mary Abbie Berg – (251) 478-3311 (VIA) – to and from the Mary Abbie Berg Center
- Red Cross – (251) 544-6100 - Emergency Transportation
- St Vincent de Paul Society – for the elderly or stranded – (251) 432-5173
- VA – (251) 219-3776 or (251) 219-3903 – VA Clinic provides transportation to other VA facilities but client must schedule ahead.
- Volunteers of America – transportation for their clients only – (251) 300-3500
- Wheelchair Vans
 - Newman’s – (251) 471-1541 (\$45 plus \$2 per mile after first 8 miles)
 - Yellow Cab - (251) 476-7711 or (251) 633-5693 – wheelchair and special needs transportation

URGENT CARE CLINICS

- American Family Care – 900 Montlimar Dr. Mobile, 36609, (251) 343-5263
- Compass Providence Urgent Care – 6901 Airport Blvd., Mobile, 36685, (251) 634-2273

- Greater Mobile Urgent Care – 2350 Schillinger Rd., Suite A, Mobile, (251) 633-0123
- Immediate Care of the South – 4270 Cottage Hill Rd, Mobile, 36609, (251) 300-2770

Please contact facilities regarding payment options

UTILITIES – assistance based on availability of funds

- Alabama Public Service Commission – Contact your local phone service provider – Anyone who participates in Medicaid, Food Stamps, SSI, Section 8, Low Income Home Energy Assistance Program, Temporary Assistance for Needy Families may qualify for one of the following:
 - LinkUp – Based on income, may provide a free cell phone with 200 minutes or a credit towards the connection fee for home phone service
- Alabama Power Customer Service – (800) 245-2244
- Catholic Social Services – (251) 434-1500
- Dauphin Way United Methodist – (251) 479-4827
- First Baptist Church Tillman’s Corner – (251) 661-1299 – For residents of zip codes 36619/36582 only
- Lifegate Ministries (Christ United Methodist Church) – seniors and disabled only – (251) 380-0583 – For those 62 and older
- Mobile Community Action –(251) 479-9587 (Mobile); (251) 824-7026
- Red Cross – (251) 544-6100- Power or gas for elderly or disabled. Call 9-3 for appt.
- Salvation Army – (251) 438-1625 or (251) 438-7952
- St. Mark’s United Methodist Society of St Stephen – (251) 342-5861
- St Vincent De Paul Society – (251) 432-5173
- United Methodist Inner City Mission – (251) 432-1122
- United Way 211 – offers information on possible resources for assistance with utilities

VETERANS

- Veterans Affairs – (251) 574-8578 – 1150 Government St, Suite 107, Mobile (Bay Haas Bldg.)
- 15 Place – (251) 694-5061
- Gulf Coast Veteran Health System – (228) 523-5000 or 1 (800) 296-8872 – 400 Veterans Ave, Biloxi, MS 39531
- Gulf Coast Veterans Health Care System’s Community Based Outpatient Clinic – (251) 219-3900 or 1-888-201-0110 (toll free)
- Healthcare for Homeless Vets – (251) 404-6907
- Mobile Vet Center #741 – (251) 478-5906 – Vocational Rehab and employment for vets.

- Priority Veteran – (866) 460-3827 or www.uwca.org/priorityveteran
Provides case management services for homeless veterans and their families.
- Volunteers of America – For homeless male veterans, contact Steve (251) 300-3968

VISION

- Alabama Department of Rehabilitation Services - (251) 479-8611 or 1-800-441-7607
- Alabama Early Intervention System – (334) 439-7884
- Alabama Institute for the Deaf and Blind – (251) 432-7777
- Alabama Lions’ Sight Conservation Association – (205) 325-8519. Help low-income adults w/vision related problems including cataracts. Must go through local Lion’s Club.
- American Council of the Blind – (800) 424-8666
- Care Credit – <http://www.carecredit.com/apply/> - credit for vision or dental up to 60 months
- CSVR (Community Services for Vision) – (251) 476-4744 Non-profit medical clinic which provides evaluation and rehabilitation to those with vision loss. Features initial evaluation by an MD or OD, training by Occupational Therapist and strong glasses or magnifiers.
- Eye Care America – (877) 222-3937 or www.eyecareamerica.org
- Hadley Vision Center – (251) 432-4117 (Franklin Primary)
- Lion’s Club – Provides eyeglasses and exams for indigent persons but must be referred by Catholic Social Services, Salvation Army, Mobile Association for the Blind, Alta Pointe, Waterfront Rescue Mission – info@lionsclubofmobile.org
- Low Vision Support Group – (251) 432-7777
- Mobile Association for the Blind – (251) 473-3585
- Mobile County Health Dept. – (251) 690-8139
- New Eyes for the Needy – provides vouchers for prescription glasses (973) 376-4903 – www.neweyesfortheneedy.org –
- Victory Clinic – (251) 460-0999 – Provide regular eye exams, refractive care, eye health evaluations and care for cataracts and eye infections for the low-income working and uninsured.
- Zenni Optical – provides glasses for \$8-\$49 – www.zennioptical.com or (800) 211-2105

Providence Hospital Mission

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

Providence Hospital Values

We are called to:

- **Service of the Poor** – *generosity of spirit, especially for persons most in need*
- **Reverence** – *respect and compassion for the dignity and diversity of life*
- **Integrity** – *Inspiring trust through personal leadership*
- **Wisdom** – *integrating excellence and stewardship*
- **Creativity** – *courageous innovation*
- **Dedication** – *affirming the hope and joy of our ministry*

